COVID-19 LINKED MUCORMYCOSIS (BLACK FUNGUS)
GUIDANCE FOR PATIENTS

GENERAL CONCERNS

“Mucor” fungus causes disease only when immunity is critically low

Infection with Mucormycosis can cause loss of eye and may be life threatening

Mucor infection may occur during Covid-19 infection or a few weeks after recovery from Covid-19
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CAUSE OF THE SURGE

COVID-19 might worsen diabetes or cause diabetes in previously normal individuals

Covid-19 medicines like Steroids & Tocilizumab can worsen immune status. Hence, to be taken only on doctor's advice

The severity of Mucor infection is largely dependent on the patient’s immunity and general health
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ALARMING SYMPTOMS TO WATCH OUT FOR

**Nose and sinuses Mucor infection (relatively early disease)**
- Headache & nasal obstruction-persistent or severe & not responding to pain medicines
- Pain or loss of sensation on face
- Discolouration of skin of face/localised facial puffiness
- Loosening of teeth/discoloration or ulceration of palate

**Eye/Orbital Mucor infection (moderately advanced disease)**
- Eye swelling or redness, double vision, loss of vision, eye pain, drooping eyelid
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DO'S AND DON'TS

Don'ts

- Self medicate, especially steroids
- Delay reporting symptoms of Mucor
- Ignore medical advice

Do's

- Give history of diabetes to doctor
- Get sugar levels checked
- Watch for early signs of Mucor listed above
- Maintain basic hygiene and cleanliness
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WHAT TO DO IF YOU HAVE THESE SYMPTOMS?

Consult your doctor immediately

Doctor will examine you clinically. If required, the doctor will take swabs from nose and test them for fungus

If infection is strongly suspected or confirmed, treatment with antifungal medications and surgery might be needed